





Staying Mobile

Retirement doesn't require driving anymore. Whether it's using a ride share app or tapping into a growing list of delivery services, you now have the power to get where you want and what you want without ever getting behind the wheel.



Type	Name of App, Website or Device	Description
Ride Services 	GoGo Grandparent	Request medication, meals, Uber/Lyft rides, and groceries by phone.
	Lyft and Uber	Instead of hailing a cab or waiting for the bus, just request a car with the tap of a button
Grocery/ Meal Delivery 	HelloFresh	Pre-measured ingredients and simple, chef-made recipes delivered to your doorstep every week
	Home Chef	Fresh, pre-portioned ingredients delivered right to your door.
	Instacart	Get groceries delivered to your door in one hour. Shop online from stores such as Whole Foods and Costco.
	Peapod	Home grocery delivery allows you to shop online without leaving home
	Shipt	Grocery delivery service that lets you shop from different stores—including an exclusive partnership with Target
	Sun Basket	Healthy meal delivery featuring fresh, organic produce ingredients delivered to your door
Restaurant Meal Delivery 	DoorDash	Get lunch and dinner delivered from your favorite restaurants right to your doorstep with one easy click
	Uber Eats	Browse nearby restaurants that deliver. Get fast food, brunch, lunch, dinner, groceries & more
	GrubHub	Free online ordering from restaurants near you
Virtual 	Google Arts and Culture	Virtually visit top exhibits, zoom in on artworks in mind-blowing detail, and browse thousands of stories, photos, videos, and manuscripts. Visit iconic sites, famous buildings and natural wonders, on your screen or in virtual reality.
	Google Earth	Explore the world from totally new perspectives. Stroll the streets of Tokyo, soar over Yosemite, or teleport across the globe. (You'll need a HTC Vive or Oculus Quest 2 virtual reality headset)
	Autio	As you travel, Autio serves up stories based on your location and interests. Autio has historical stories for over 9,000 locations.
	Oculus Quest 2 or HTC Vive	Virtual reality headsets
	Smithsonian National Museum of Natural History	Take self-guided, room-by-room tours of permanent, current and past exhibitions, including the Butterfly Pavilion, the Deep Time Hall of Fossils, and the Hall of Human Origins